



21 days to a better me...day 16

And the LORD shall deliver me from every evil work, and will preserve me with his heavenly kingdom, to whom be glory forever and ever.

1 Timothy 4:18

I can't keep dwelling on what happened to me in the past. It's time to stop re-living the hurts, the set backs, the disappointments. It's time to stop looking at myself through the eyes of pain, otherwise I will never see what God sees in me. God thinks that I am so special that He gave His Son to die for me. He thinks that I am so worth it, that He delivered me from death. He sees me as fearfully and wonderfully made....can I afford to keep seeing myself as I used to be, before I accepted Christ as my Savior?

How do I become a better me? By breaking the chains that bind me!

God has already done everything that He is going to do by giving His Son to die for each of us. Once salvation is accepted, each of us has a choice to make...who are we going to follow? Let's face it, if being more like Christ was easy, everyone would do it...right? Doing the right thing is not always the popular thing. I have to make that choice daily, just like you. I have decided to break the chain of fear that has held me captive for far too long. For God has not given me the spirit of fear so if I have it, it didn't come from my Father.

What is binding you? What holds you captive? God has saved us so that we can turn around and make a difference in the life of someone else. He expects us to lead others to the cross. Can we do that if we are bound by chains of anger, fear, depression, poverty, sickness and disease, promiscuity and the list goes on? In order

to be the person that God called us to be, we must make the conscious decision to break out of the chains that holds us captive to our old life and way of thinking. With the help of God, we can do all things...including breaking free!

It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.

Galatian 5:1