

21 days to a better me...day 19



**Do your best to present yourself to God as one approved, a worker who does not need to be ashamed and who correctly handles the word of truth.**

**2 Timothy 2:15**

One of the hardest things that i have ever had to do was to face myself in the mirror and be real with myself about the things that i need to change.

### **How do I become a better me? By getting real with myself**

It was not easy to face the fact that some of the problems that I am having to deal with now are the direct result of running from the problem in the past and now it has grown from a little molehill into a full fledged mountain. Fear has walked me with for so long that I couldn't see it for what it really was. The enemy knows that as long as he can get us to ignore a fault, it will forever be a thorn in our side.

***For God has not given us the spirit of fear; but of power, and of love and of a sound mind. 2 Timothy 1:7***

I know this scripture well, have quoted to others for years, and yet I could not see that fear was keeping me captive. It was keeping me from walking in the boldness that God called me to walk into. Fear was keeping me from walking on the water and experiencing the fullness of life. It is never easy to admit a fault, but, admitting it is the first step to getting rid of it. I hid behind procrastination for years but this was not the root of the problem...it's fear!

Today I am making the decision to put fear behind me. Fear is not of God and the

Word of God tells me to ***Submit therefore to God. Resist the devil and he will flee from you. 8 Draw near to God and He will draw near to you. Cleanse your hands, you sinners; and purify your hearts, you double-minded....***James 4:7-8. I refuse to continue to miss out on what God has for me simply because I fear the outcome. I must remember always that I am a child of the Most High God and fear has no place in my life because Jesus is my Lord and Savior!