



21 Day Challenge... day 2

"For by your words you will be acquitted, and by your words you will be condemned"

Matthew 12:37

Today is day 2 of my challenge. I made it through day 1 and really had a great time. Instead of watching Law and Order: Special Victims Unit while eating breakfast, I turned on Joyce Meyer. I listened to praise and worship music while I dressed and even changed the station in the car to a Christian station. The music wasn't quite what I'm used to but the effect was awesome. I had a wonderful ride to work. Looking forward to more of the same tomorrow. So, here is the all important question..

How do I become a better me? By Watching What Comes Out Of My Mouth!

The Word of God is very clear when it comes to our tongues. Proverbs 18:21 tells us *The tongue has the power of life and death, and those who love it will eat its fruit.* Meaning we will either speak life over ourselves, our families, our jobs, our circumstances, our health, our finances, etc or we will speak death. I used to think that if I couldn't say the right thing, Lord just let me keep my mouth shut. But I found that this isn't the right approach either. Saying nothing is just as bad as saying the wrong thing. We must get into the habit of speaking what the Word says about our situations. We must say to the mountain be thou removed and be thou cast into the sea. The Bible didn't say think it, it says SAY IT.

We must speak to our situations, our circumstances our shortcomings. AND, we must speak the right things...meaning the Word of God. If the Word of God says that all of my needs are met according to His riches in glory by Christ Jesus, why am I going to turn around and say that I'm broke. If the Word says that I am fearfully and wonderfully made, why am I going to stand in the mirror and call myself junk? If the Word says that I am the head and not the tail, above and never beneath, why am I going to say that I will never make it?

Breaking the bad habit of saying all the wrong things will not be easy but it is necessary. Remember, that not only God hears what we say...the devil hears, too. Stop giving the enemy ammunition to destroy you, your family, your hopes and dreams. Get in the Word and find out what God says about you!